

# Yogurt Smoothies



Freshly Blended with the Natural Goodness of High Probiotic Yogurt. Rich in Calcium, Riboflavin & Vitamins.

## YO YO BERRY

Raspberries, Blueberries, Strawberries, Yogurt, Whey Protein and Fat Burn Boost

## STRAW-A-DELIC

Strawberries, Bananas, Yogurt, Whey Protein and Fat Burn Boost

## POMLICIOUS

Pomegranate, Cherries, Yogurt, Whey Protein and Fat Burn Boost

## MALIBU MANGO

Mangos, Peaches, Yogurt, Whey Protein and Fat Burn Boost

# Muscle Builders



Increase Lean Muscle Growth, Speed Up Muscle Recovery Making Muscle Fibers Bigger and Stronger.

## THE KINGPIN

Blueberries, Strawberries, Raspberries, Whey Protein and Multi-Vitamin Boost

## TWISTED STRAWBERRY

Strawberries, Bananas, Whey Protein and Multi-Vitamin Boost

## PURPLE PEOPLE EATER

Passion Fruit, Orange, Guava, Whey Protein and Multi-Vitamin Boost

## IN THE TROPICS

Pineapples, Coconuts, Bananas, Whey Protein and Multi-Vitamin Boost

## PEANUT BUTTER TRUMP

Whey Protein, Peanut Butter, and Multi-Vitamin Boost

## MOCHA MANIA

Chocolate infused with Coffee, Whey Protein and Multi-Vitamin Boost

## THE INCREDIBLE BULK

Chocolate, Peanut Butter, Whey Protein and Multi-Vitamin Boost

## Mega Weight Gainer BANANA STRAWBERRY POUNDER

Strawberries, Bananas, 40+ Grams of Whey Protein, Glutamine and Multi-Vitamin Boost

## Mega Weight Gainer THE KING KONG

Chocolate, Bananas, Glutamine, 40+ Grams Whey Protein and Multi-Vitamin Boost

## Mega Weight Gainer THE FAT BOY!

Chocolate, Coffee, Peanut Butter, 45+ Grams of Whey Protein, Glutamine, Creatine and Multi-Vitamin Boost



# Fresh Blends

Freshly Blended & Sweetened Naturally.

## STRAWBERRY-BANANA BLAST

Strawberries, Bananas and Whey Protein

## ORANGE PUSH UP

Oranges and Whey Protein

## PINA COLADA MADNESS

Pineapples, Coconuts and Whey Protein

## TRIPLE BERRY SENSATION

Raspberries, Blueberries, Strawberries and Whey Protein

## POMEGRANATE PARADISE

Pomegranate, Wild Cherries and Whey Protein

## TROPICAL BLISS

Bananas, Pineapples, Coconuts and Whey Protein

## P.O.G.

Passion Fruit, Orange, Guava and Whey Protein



# Skinny SMOOTHIES

## TROPICAL BOMBSHELL

Pineapples, Coconuts, Bananas, Whey Protein and Fat Burn Boost

## MINI MANGO PEACH

Mangos, Peaches, Whey Protein and Fat Burn Boost

## SO BERRY SLIM

Raspberries, Blueberries, Strawberries, Whey Protein and Fat Burn Boost

## SLIMMIN' TRIMMIN' BERRY

Strawberries, Whey Protein and Fat Burn Boost

## POMTINI

Pomegranate, Wild Cherries, Whey Protein and Fat Burn Boost

Sweetened with 100% All-Natural Zero Calorie Stevia Lower Calories & Sugars



# Fat Burners

Ignite Your Body's Natural Fat Burning Process & Speed Up Your Metabolism.

## BELLY BUSTER

Strawberries, Bananas, Whey Protein and Fat Burn Boost

## ORANGE PEELER

Oranges, Whey Protein and Fat Burn Boost

## BERRY BERRY GOOD

Raspberries, Blueberries, Strawberries, Whey Protein and Fat Burn Boost

## WONDER TWINS

Mangos, Peaches, Whey Protein and Fat Burn Boost

## POMEGRANATE BLISS

Pomegranate, Wild Cherries, Whey Protein and Fat Burn Boost

## TROPICAL BOMBSHELL

Pineapples, Coconuts, Bananas, Whey Protein and Fat Burn Boost

## SLIM SALLY

Passion Fruit, Orange, Guava, Whey Protein and Fat Burn Boost

# Blended Frappes

## BERRIED IN CHOCOLATE

Chocolate, Strawberries and Whey Protein

## DIRTY PEANUT

Chocolate, Peanut Butter and Whey Protein

## MUDSLIDE LATTE

Chocolate Infused With Bold, Full-Bodied Coffee, and Whey Protein

## ELVIS'S RETURN

Chocolate, Bananas and Whey Protein

## MALIBU CHOCOLATE

Chocolate, Coconuts, Pineapples and Whey Protein

## MOCHA PEANUT BUTTER

Chocolate Infused With Bold, Full-Bodied Coffee, Peanut Butter and Whey Protein

## Boosts

## Extras

Fat Burn Boost.....	.50	Whey Protein.....	1.00
Energy Boost.....	.50	Yogurt.....	.50
Multi Vitamin Boost.....	.50	Peanut Butter.....	1.00
Glutamine Boost.....	.50	Granola.....	.50
Creatine Boost.....	.50	Protein Cereal.....	.50

