

## CAMP LOCATIONS

### **KNOXVILLE – SIGNATURE**

8511 Walbrook Drive  
Knoxville, TN 37923  
865-470-3600

### **KNOXVILLE - TAZEWELL PIKE**

3030 Tazewell Pike  
Knoxville, TN 37918  
865-687-6066

### **MARYVILLE**

1644 West Broadway Avenue  
Maryville, TN 37801  
865-268-0012

### **MORRISTOWN**

1950 West Andrew Johnson Highway  
Morristown, TN 37814  
423-317-3337

### **OAK RIDGE**

750 Briarcliff Avenue  
Oak Ridge, TN 37830  
865-483-6868

## **SCHOOL'S OUT FOR THE SUMMER!**

Your little ones have worked very hard all year long and now it's time for their long-awaited summer break! We know that you have a summer jam-packed with work, vacations, family engagements, and other fun activities. We thank you for considering the Summer Camp program at the National Fitness Center locations.

Please read the following information carefully as you begin to plan your family's summertime activities. We have options available at various locations, so we are sure there is something that will work to meet your family's needs.

Just complete the registration process and make sure all forms are filled out legibly and completely to set your kiddos up for an amazing summer!

## **REGISTRATION & TUITION POLICIES**

Please note that advance registration and payment are required for Summer Camps. To register, you must 1) obtain, fill out, and return your registration forms at one of our club locations. Registration forms do not necessarily have to be turned in to the location in which you are enrolling your child. You may download and print a copy by going online to [www.nfc1.com](http://www.nfc1.com) **OR** by stopping by the front desk at any of our National Fitness Center club locations. 2) You must pay the registration fee at the time you turn in your forms. This fee is paid one-time for the entirety of 2018 Summer Camps. It is non-refundable and does not count towards camp tuition. Your registration fee **DOES** however; reserve your child's space in camp and pays for your child's "camp pack" which includes a camp bag and camp swag! Acceptable forms of payment include cash, check, Discover, Visa, or MasterCard.

To ensure that your child is admitted, please note that children must be 5 years old and/or eligible to enroll in Kindergarten in the fall to attend camps. Also, call your NFC location for availability for specialty camps such as swim and karate weeks. Once registered, you will receive a confirmation packet via email that includes further details about camp, as well as any additional documents we may need for your child.

For your convenience, we offer full and partial week pricing for most camps with the exception of swim weeks. Full and partial week rates vary depending on camp location and membership type. Although registration fees are due at the time you turn in your forms, **camp tuition is due two weeks prior to your child's camp.**

## CANCELLATION & REFUND POLICY

National Fitness Center reserves the right to cancel camps for which there is low enrollment. In the event that National Fitness Center cancels a camp due to low enrollment or your child(ren) become sick or injured and are unable to attend a scheduled week of camp, a credit will be issued in one of the following ways: **1)** the child will be offered another camp within the same summer, **2)** a credit voucher will be offered for use towards other programs offered at our club locations (e.g. swim lessons, KIDS IN MOTION classes, birthday parties, etc.), or **3)** non-members will be offered a down payment towards a club membership. If an arrangement cannot be reached regarding a credit voucher towards other club services, the Camp Director must receive a written request within 7 days after the start date of the camp that was scheduled.

Other requests for refunds will only be issued if a written request to do so is mailed to the address listed below and received by the Area Program Director 14 days prior to the camp in which the child was enrolled.

Please mail requests to:

**Member Services**

**PO Box 5376**

**Knoxville, TN 37928**

Refunds generally take 30 days once the written request is received, and will be given on camp tuition only (**NOT** registration fee). Refund requests will be considered on a case by case basis, and decisions regarding refunds are final.

## CAMP HOURS

### REGULAR HOURS

Monday through Friday

8:30 a.m. – 4:30 p.m.

### EXTENDED CARE HOURS

Monday through Friday

**Before Care:** 7:30 a.m. – 8:30 a.m.

**After Care:** 4:30 p.m. – 5:30 p.m.

## EXTENDED CARE

Fees are in addition to camp tuition and are per child. They include before and after care and are as follows:

- \$8/Day
- \$25/Week

There will be \$1.00 per minute charge assessed for each minute after 5:35 p.m. that a child is picked up. This late fee will be per child as well.

## FOOD POLICY

Campers must bring their own sack lunch and drink every day. Please note that we do not have access to refrigeration or microwaves/warmers, so please pack lunches accordingly. We ask that parents keep in mind that we are a health club, and in that regard, promote a healthy lifestyle through exercise and smart food choices. Therefore, we ask that parents choose lunch foods that meet the dietary guidelines for Americans established by the U.S. Department of Agriculture (i.e. the Food Guide Pyramid).

NFC will offer a mid-morning and afternoon snack **time** for your child, however, we will only provide a pre-packaged/individual portion size snack in the afternoon that may include foods such as fruit snacks, crackers, pudding/gelatin cups, pretzels, etc. If your child has any allergies or special dietary needs, please provide your child with additional snacks each day.

## BEHAVIOR POLICY

We follow a “three strikes” policy regarding behavior in our children’s programs and camps, meaning that we give each child three chances to correct their behavior. Upon the first incident of a behavior that we deem to be dangerous or disrespectful to other children and/or staff, the parent will be notified verbally. Upon the second incident, a meeting may be called with staff and parent(s) to discuss a plan for handling or correcting the behavior. On the third incident (with no signs of improvement), you may be asked to remove your child from summer camp for the remainder of that week or possibly the entire summer.

If a child is asked to leave due to behavior issues during the middle of the camp week, there will be no refund issued for the registration fee or the remainder of that week. If a child is asked to leave camp due to behavior issues for the remainder of the summer, there will be no refund issued for the registration fee or the remainder of the current week (including before/after care). However, if any other weeks remain and have been paid for (including before/after care), those will be refunded within 30 days.

## CHILD SAFETY PROCEDURES

To ensure that your child has the most fun and rewarding camp experience possible, we have put several safety measures in place:

### Checking In/Out of Camps Each Day

1. At the time of registration, you will designate who, other than you, is able to drop off and pick up your child from camps. This information will be filed at each location your child will attend camp.
2. You or your designated individuals will be asked to show photo ID before being allowed to pick up your child from camps.
3. Also, to distinguish camp children from our other member children, and to ensure that camp participants stay together as a group, each child will receive a wristband upon check-in to camp each morning.

### Swimming

1. Anytime we have the camp participants in the pool, we will have one or more certified lifeguards present.
2. Children who are not comfortable in the water or are not strong swimmers will be monitored very closely and will be asked to remain on the shallow end of the pool. You are encouraged to provide a "puddle jumper" or life jacket for your child if they are not comfortable in the water and/or have never attended swim lessons.
3. On the first day of each camp that involves swimming, children will be taken through a brief safety lesson by one of our certified lifeguards before they will be allowed to enter the water.

### Unexpected Accidents

1. Our camp staff is certified by a nationally accredited organization (i.e. American Red Cross, American Heart Association, etc) in Child/Infant CPR, as well as Basic First Aid procedures.
2. Our Camp Director is equipped with a Basic First Aid kit containing band-aids, bandage wraps, ice packs, etc.

### Rock Wall Requirements (Signature Location Only)

During camp weeks when campers will be able to climb the rock wall, only campers who are 5 years of age **AND** 22 lbs will be allowed to climb. Both of these criteria must be met in order for a camper to climb – **NO EXCEPTIONS**.

## CAMP ATTIRE

Because our camps are very active and designed to teach your child sports and exercise skills, games, and other activities, we ask that your child dress in clothes appropriate for their specific camp. We recommend cotton fabrics, as they are breathable and allow for a full range of motion. Appropriate attire for most camps would include shorts, a T-shirt, socks, and sneakers that lace up. Some types of specialty camps may allow for additional attire, such as a leotard and tights for dance camp, or a karate gi for martial arts camps. **We ask that you do not send your child in flip-flops, sandals, or other slide-on shoes (including Crocs). We also request that you do not send your child in a skirt or dress.**

For swimming, we ask that you pack your child's swimsuit, a towel, and flotation assistants (e.g. puddle jumpers/life jacket) that your child may need while in the water. For your child's time at the pool and on the pool deck, you may also **pack** flip flops or sandals. Also, in the case of spills or other accidents, you may pack an extra change of clothes for your child.

**SPECIAL NOTE:** The majority of camp activities are indoors. On the occasion that there will be time spent outdoors, we encourage you to pack sunscreen for your child. At the Signature location, the outdoor pool will be utilized as often as possible.

## ELECTRONICS & ITEMS FROM HOME

Because our camps are very active and are meant to promote a healthy lifestyle, we require that your child leave **all** electronic devices (iPods, smart watches, cell phones, video games, handhelds, DS, iPad, etc.) at home. Our focus is on health, fitness, and fun and we have a strict **NO ELECTRONICS** rule during summer camps. Any unauthorized items from home will be confiscated by camp staff and returned at the time of pick up.

## CAMP LOCATIONS, DATES, & DESCRIPTIONS

Camp activities and themes offered may vary by location. **ALL CAMPS** will include swim time almost every day and some camps will have parent showcases or special lunches on Fridays. Please call the Children's Activity Director or Summer Camp Director for specific questions.

The following are descriptions of the camps offered at each location as well as the address and contact information.

**Please note that some locations may also provide Kindergarten Camp for kindergarteners transitioning into school on a staggered-day schedule. Refer to the last pages in the booklet for information about Kindergarten Camp and locations that offer it.**

**SIGNATURE – 8511 Walbrook Drive, Knoxville, TN 37923**  
**Director: Jauntae Davis ([jauntaedavis@nfc1.com](mailto:jauntaedavis@nfc1.com))**

<b>*May 29 – June 1</b>	<b>Game Show Mania</b>	Battleship, Tic Tac Toe, Pac-Man...Our favorite board and video games and game shows come to life this week as campers go head to head to show their stuff in games of chance, skill, and endurance.
<b>June 4 – 8</b>	<b>Shark Tank</b>	Sign up for this camp to get your camper's imagination flowing! This week is full of STEM challenges as well as an opportunity for our young inventors to put their best foot forward in our very own <b>Shark Tank showcase</b> at the end of the week.
<b>June 11 – 15</b>	<b>Spy Kids</b>	Campers will test their brains as they uncover what it takes to unlock the secret agent within. Challenges for the week include cracking codes, obstacle courses, solving brainteasers and mysteries, and observing and deciphering clues! <b>Spy School is in session!</b>
<b>June 18 – 22</b>	<b>Mystery Machine (Swim Camp)</b>  <i>5-6 year olds (30 participant limit)</i>  <i>7-12 year olds (50 participant limit)</i>	This camp is a great opportunity for children at all skill levels. It offers challenges for more competitive swimmers and encouragement for those who are still learning and improving. Designed for children who would like to learn proper techniques for all four competitive strokes, our camp for 7-12 year olds is a fun and intense week with challenges for mind and body. Our camp for 5-6 year olds is designed for instruction while experiencing games and fun activities in the water! All of our aquatic coaches and instructors are Lifeguard and CPR certified by a nationally accredited organization.
<b>June 25 – 29</b>	<b>Rocky Mountain Madness</b>	This week we're focusing on muscle endurance AND mental acuity! Our campers will conquer the <b>ROCK WALL</b> and their physical and mental boundaries!
<b>*July 2 – 6</b>	<b>Happy Holidays</b>	Christmas in July? Why not! This special week, we'll be celebrating holidays with a twist. We may even spot Santa or the Easter Bunny!
<b>July 9 – 13</b>	<b>Kids In Motion</b>	Get up and moving each day this week as you participate in a variety of classes offered during our year-round Kids In Motion program! All of our favorite sports & classes will be rolled into one week! #FunFunFun
<b>July 16 – 20</b>	<b>Mad Scientists</b>	The NFC Laboratory is open for experiments and crazy concoctions! We will spend this week playing, learning, and doing the wild, wacky, strange, and unusual. <b>No lab coats required!</b>
<b>July 23 – 27</b>	<b>NFC Ninjas</b>	This camp is an <b>INCREDIBLE</b> chance to learn the basic skills of <b>Isshinryu karate</b> while building self-esteem and self-control! Campers will learn conditioning, core-training, and self-defense. An added benefit of this week is an education in respect and honor that comes with martial arts.
<b>July 30 – August 3</b>	<b>Survivor (Rock Wall Camp)</b>	Do you have what it takes to <b>SURVIVE?</b> To <b>WIN?</b> Find out this week as your team work, endurance, problem solving skills, and ability to have fun are put to the test. Tell your friends to join you for this week! <b>We'll be on the rock wall!</b>
<b>August 6 – 10</b>	<b>School Spirit</b>	We wrap up our fun-filled summer this week! We'll gear up to head back to our respective schools by engaging in a week of fun competition! Campers, represent your school by wearing your school colors or gear! <b>We got spirit! How 'bout you?</b>

**MARYVILLE – 1644 West Broadway Avenue, Maryville, TN 37801**  
**Director: Naomi Scarlett ([naomiscarlett@nfc1.com](mailto:naomiscarlett@nfc1.com))**

*May 29 – June 1	<b>Mad Scientists</b>	The NFC Laboratory is open for experiments and crazy concoctions! We will spend this week playing, learning, and doing the wild, wacky, strange, and unusual. <b>No lab coats required!</b>
June 4 – 8	<b>Karate Camp</b>	This camp is an <b>INCREDIBLE</b> chance to learn the basic skills of <b>Isshinryu karate</b> while building self-esteem and self-control! Campers will learn conditioning, core-training, and self-defense. An added benefit of this week is an education in respect and honor that comes with martial arts.
June 11 – 15	<b>Swim Camp</b>	This camp is a great opportunity for children at all swim levels. This is designed for children who would like to learn proper techniques for all four competitive strokes and for those still learning it's a chance to get instruction while experiencing games and fun activities in the water. All of our aquatics coaches are lifeguard and CPR certified by a nationally accredited organization. <b><i>*Friday, June 15th Camp will meet at the NFC location on 2934 Alcoa Highway to use the outdoor pool</i></b>
June 18 – 22	<b>Around the World</b>	Spend the week traveling around the world and have fun experiencing different cultures! During this week, campers will learn more about games, activities, sports, food, and languages from different countries all around the world.
June 25 – 29	<b>Kids In Motion</b>	Get up and moving each day this week as you participate in a variety of classes offered during our year-round Kids In Motion program! All of our favorite sports & classes will be rolled into one week! #FunFunFun
July 9 – 13	<b>Water Wars</b>	This year, we're taking our water fun to the next level and declaring a Water War! Whether in the pool or on dry land, this camp will once again allow campers to have fun with water! Campers will work with their teammates to complete tasks and competitions and will participate in all types of water sports activities and games including: water balloons, sponge toss, shaving cream shoot offs, and much more!
July 16 – 20	<b>Inventors' Workshop</b>	Let your imagination run wild! This week we will take a look into childhood curiosity and creativity. You are in for an adventure you won't forget! We will learn to create as individuals and in groups using Legos, blocks, and everyday items.
July 23 – 27	<b>A Blast from the Past</b>	Bid Summer farewell with the best camp week ever! Campers are in total control of this camp. Each week, we will vote on our favorite camp activities. Then we will put them all together for one fun-filled camp that includes the best games, competitions, experiments, crafts, and of course, time in the pool! Experience the entire summer at NFC in one action-packed week!

**MORRISTOWN – 1950 W AJ Hwy, Morristown, TN 37814**  
**Director: Cassie Walker ([cassiewalker@nfc1.com](mailto:cassiewalker@nfc1.com))**

<b>May 21 – 25</b>	<b>All Star Sports</b>	This camp will offer something for every camper, whether you are a seasoned athlete or just getting started. Campers will have the opportunity to try out their skills in various sports and physical activities including: basketball, track and field, soccer, and many more!
<b>May 28 – June 1</b>	<b>Swim Camp</b>	This camp is a great opportunity for children at all swim levels. This is designed for children who would like to learn proper techniques for all four competitive strokes and for those still learning, it's a chance to get instruction while experiencing games and fun activities in the water. All of our aquatics coaches are lifeguard and CPR certified by a nationally accredited organization.
<b>June 4 – 8</b>	<b>Survivor</b>	Do you have what it takes to <b>SURVIVE</b> ? To <b>WIN</b> ? Find out this week! Try your hand at different games and compete to complete obstacle courses and games that mirror popular games shows (i.e., Survivor and Amazing Race)!
<b>June 11 – 15</b>	<b>Karate Camp</b>	This camp is an <b>INCREDIBLE</b> chance to learn the basic skills of <b>Isshinryu karate</b> while building self-esteem and self-control! Campers will learn conditioning, core-training, and self-defense. An added benefit of this week is an education in respect and honor that comes with martial arts.
<b>June 18 – 22</b>	<b>Mad Scientists</b>	The NFC Laboratory is open for experiments and crazy concoctions! We will spend this week playing, learning, and doing the wild, wacky, strange, and unusual. <b>No lab coats required!</b>
<b>June 25 – 29</b>	<b>Water Wars</b>	This year, we're taking our water fun to the next level and declaring a Water War! Whether in the pool or on dry land, this camp will once again allow campers to have fun with water! Campers will work with their teammates to complete tasks and competitions and will participate in all types of water sports activities and games including: water balloons, sponge toss, shaving cream shoot offs, and much more!
<b>*July 2 – 6</b>	<b>Around the World</b>	Spend the week traveling around the world and have fun experiencing different cultures. During this week, campers will learn more about games, activities, sports, food, and languages from different countries all around the world.
<b>July 9 – 13</b>	<b>Swim Camp</b>	This camp is a great opportunity for children at all swim levels. This is designed for children who would like to learn proper techniques for all four competitive strokes and for those still learning it's a chance to get instruction while experiencing games and fun activities in the water. All of our aquatics coaches are lifeguard and CPR certified by a nationally accredited organization.
<b>July 16 – 20</b>	<b>NFC Olympics</b>	Train like an Olympic athlete! Campers will work through different obstacles to improve skills in Olympic events including track, gymnastics, and swimming. Campers will also get a chance to learn fun facts and complete crafts that will represent our wonderful Olympians.
<b>July 23 – 27</b>	<b>Summer Blow Out</b>	Let's mash the summer into one fun-filled week! Join us for the highlight reel from the entire summer! Campers will spend the day enjoying their favorite activities from the past weeks of camp.

**OAK RIDGE – 750 Briarcliff Avenue, Oak Ridge, TN 37830**  
**Director: Christina Delong ([christinadelong@nfc1.com](mailto:christinadelong@nfc1.com))**

<b>June 4 – 8</b>	<b>Swim Camp</b>	This camp is a great opportunity for children at all swim levels. This is designed for children who would like to learn proper techniques for all four competitive strokes and for those still learning it's a chance to get instruction while experiencing games and fun activities in the water. All of our aquatics coaches are lifeguard and CPR certified by a nationally accredited organization.
<b>June 11 – 15</b>	<b>Move!</b>	Let's MOVE! For the skilled dancer or dancer at heart, this camp features amazing instructors and gives our campers the opportunity to shake, step, and have fun! If you like <b>Zumba, Kids Jam, Dance 2 Fit, or Just Dance</b> this is the camp for you! Join us this week as we <b>MOVE!</b>
<b>June 18 – 22</b>	<b>Kids In Motion</b>	Get up and moving each day this week as you participate in a variety of classes offered during our year-round Kids In Motion program! All of our favorite sports & classes will be rolled into one week! #FunFunFun
<b>June 25 – 29</b>	<b>Pom Poms &amp; Punts</b>	This camp is the best of both worlds! Campers will choose their adventure: stunts, jumps, and cheers <b>OR</b> punts, throws, and plays! This week we are focusing on teamwork, sportsmanship, and improving our skills. At the end of the week, we'll showcase all we've learned with a head to head contest including a halftime show!
<b>July 9 – 13</b>	<b>Karate Camp</b>	This camp is an <b>INCREDIBLE</b> chance to learn the basic skills of <b>Isshinryu karate</b> while building self-esteem and self-control! Campers will learn conditioning, core-training, and self-defense. An added benefit of this week is an education in respect and honor that comes with martial arts.
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<b>July 23 – 27</b>	<b>Water Wars</b>	This year, we're taking our water fun to the next level and declaring a Water War! Whether in the pool or on dry land, this camp will once again allow campers to have fun with water! Campers will work with their teammates to complete tasks and competitions and will participate in all types of water sports activities and games including: water balloons, sponge toss, shaving cream shoot offs, and much more!

## TAZEWELL PIKE – 3030 Tazewell Pike, Knoxville, TN 37918

<b>June 4 – 8</b>	<b>Swim Camp</b>	This camp is a great opportunity for children at all swim levels. This is designed for children who would like to learn proper techniques for all four competitive strokes and for those still learning it's a chance to get instruction while experiencing games and fun activities in the water. All of our aquatics coaches are lifeguard and CPR certified by a nationally accredited organization.
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<b>July 16 - 20</b>	<b>Kids In Motion</b>	Get up and moving each day this week as you participate in a variety of classes offered during our year-round Kids In Motion program! All of our favorite sports & classes will be rolled into one week! #FunFunFun
<b>July 23 – 27</b>	<b>Cheer, Basketball, and Tumble Camp</b>	Learn some exciting new cheer, motions, and chants, jumps, simple stunts, and basic tumble moves <b>OR</b> get into a game of basketball where basic skills and rules of the game will be taught. Aimed at the child who wants to try it all, they will be able to learn balance, coordination and teamwork with the combination of activities.
<b>July 30 – August 3</b>	<b>Space Camp</b>	This camp is uniquely designed to engage and stimulate children's learning and creativity through science, crafts, and games. Kids will be hands-on, making models, slime, and other fun experiments throughout the week. Campers will also still get plenty of activity through games and swim time each day, so don't forget your towel!



# SUMMER CAMPS 2018 REGISTRATION FORM

How did you hear about us? \_\_\_\_\_

## PARENT/GUARDIAN #1 (The parent/guardian who should be reached first in the event of an emergency.)

FULL NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ MOBILE PHONE (\_\_\_\_\_) \_\_\_\_\_

WORK PHONE (\_\_\_\_\_) \_\_\_\_\_ HOME PHONE (\_\_\_\_\_) \_\_\_\_\_

EMAIL \_\_\_\_\_

## PARENT/GUARDIAN #2

FULL NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_  
(if different from above)

STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ MOBILE PHONE (\_\_\_\_\_) \_\_\_\_\_

WORK PHONE (\_\_\_\_\_) \_\_\_\_\_ HOME PHONE (\_\_\_\_\_) \_\_\_\_\_

EMAIL \_\_\_\_\_

## PARTICIPANT INFORMATION

PARTICIPANT NAME	M/F	DOB	AGE	ALLERGIES/ MEDICATIONS	MEMBERSHIP <i>Circle the one that applies to each child.</i>	WITH WHICH PARENT DOES CHILD RESIDE? <i>Circle the one that applies to each child.</i>
1.					KIM MEM NON	#1 #2 BOTH
2.					KIM MEM NON	#1 #2 BOTH
3.					KIM MEM NON	#1 #2 BOTH
4.					KIM MEM NON	#1 #2 BOTH
5.					KIM MEM NON	#1 #2 BOTH

  

PARTICIPANT NAME	SWIM LEVEL/ABILITY	MOVIE RATING ALLOWANCE <i>(Highest)</i>	T-SHIRT SIZE <i>(Youth S-L Adult S-2XL)</i>
1.	Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced/Competitive <input type="checkbox"/>	G <input type="checkbox"/> PG <input type="checkbox"/>	
2.	Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced/Competitive <input type="checkbox"/>	G <input type="checkbox"/> PG <input type="checkbox"/>	
3.	Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced/Competitive <input type="checkbox"/>	G <input type="checkbox"/> PG <input type="checkbox"/>	
4.	Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced/Competitive <input type="checkbox"/>	G <input type="checkbox"/> PG <input type="checkbox"/>	
5.	Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced/Competitive <input type="checkbox"/>	G <input type="checkbox"/> PG <input type="checkbox"/>	

## DROP OFF/PICK UP AUTHORIZATION & EMERGENCY CONTACTS

Please list persons **other than the parents/guardians listed above** who are authorized to drop off/pick up the child(ren) listed above.

**ONLY THESE PERSONS (and the Parents/Guardians listed above) WILL BE ALLOWED TO DROP OFF/PICK UP THE CHILDREN – NO EXCEPTIONS.** Please mark an **E** by the persons who also serve as emergency contacts for your child(ren).

FULL NAME (First, Last)	RELATIONSHIP TO CHILD	PHONE #
1.		
2.		
3.		
4.		

## NATIONAL FITNESS CENTER SUMMER CAMP AGREEMENT

1. I release National Fitness Center, Court South, and its assignees to use the likeness of (e.g. group photos of campers, action shots of campers, etc.) and quotes by campers for various publications, including but not limited to: local newspapers, commercials, nfc1.com, National Fitness Center Facebook pages, newsletters, and brochures.
2. I understand that a **ONE-TIME** Registration Fee of \$40 per child (OR \$100 per family of 3 or more children) is required at the time of registration in order to reserve space(s) for my child(ren). I understand that this fee is non-refundable, and does not count towards camp tuition, but that it does pay for camp materials/equipment, as well as the child's "camp pack" (T-shirt and bag).
3. I understand that camp tuition for each camp is **due in full TWO WEEKS prior** to the camp(s) for which the child is enrolled. I agree to pay camp tuition on this schedule, and I understand that NFC reserves the right to cancel enrollment if fees are not paid by the designated deadline.
4. I understand that if I register or add a camp to my child's registration one week prior to the start of that particular camp, I will assess a \$20 Administration fee (per family) unless otherwise waived by the Summer Camp Director, Children's Activity Director, Special Events Coordinator, or Area Children's Programming Director.
5. I understand that, in the event that NFC cancels a camp due to low enrollment or other unforeseen circumstances, credit will be issued in one of the following ways: 1) the child will be offered another camp within the same summer, 2) a credit voucher will be offered for use towards other programs offered at our club locations (e.g. swim lessons, KIDS IN MOTION classes, birthday parties, etc.), or 3) non-members will be offered a down payment towards a club membership. In this instance, if an agreement cannot be reached regarding a credit voucher towards other club services, refunds will be issued on camp tuition, but a written request to do so must be received by the Camp Director within 7 days after the start date of the camp that was scheduled.
6. I understand that other requests for refunds will only be issued if a written request to do so is received by the Area Program Director 14 days prior to the camp in which the child was enrolled. Refunds generally take 30 days once the written request is received, and will be given on camp tuition only (NOT registration fee). Refunds will NOT be issued for any reason (other than NFC canceling a camp) after the two-week deadline (i.e. 14 days prior to the start of the camp in which the child is enrolled). Refunds will also be paid out in the same manner in which they are paid (credit cards will be credited back to the card and for cash/check a check will be mailed).
7. I understand that electronics and unauthorized items from home are not allowed at camp. If the aforementioned items are brought to camp, they will be confiscated and returned at the time of pickup. National Fitness Center cannot be held liable for lost or damaged items.
8. I have read and understood the behavior policy. I understand that if my child is asked to leave camp due to behavior issues during the middle of the camp week, there will be no refund issued for the registration fee or the remainder of that week including the before/after care. If a child is asked to leave camp due to behavior issues for the remainder of the summer, there will be no refund issued for the registration fee or the remainder of the current week including before/after care. However, if any other weeks remain and have been paid (including before/after care), those weeks will be refunded within 30 days.

**In consideration of being allowed to participate in any of the following programs/activities: Swimming, Martial Arts, Dance, Tumbling, Cheerleading, Basketball court activities, and any other sport or fitness related event, the undersigned:**

1. Agree that the parent(s) or legal guardian(s) will instruct the minor participant that prior to participating, he or she should inspect the facilities, class, and equipment to be used, and if the participant believes anything is unsafe, or too difficult, he or she will immediately advise his or her coach/instructor or supervisor of such conditions and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions, or negligence, but also the actions, inactions, or negligence of others, the rules of play, training, or the condition of the premises or of any equipment used. Furthermore, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability, or death.
4. Release, waive, discharge, and covenant not to sue National Fitness Center, their other affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of the premises used to conduct the event, all of which are hereinafter referred to as "releases" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury including death or damage to property, caused or alleged to be cause in whole or in part by the negligence of the release or otherwise.
5. Realizing that a sudden illness or accident may occur, I hereby ask the Camp Director and Club Manager to use their best judgment in such cases in caring for my child(ren). In the event that I cannot be reached in an emergency, I hereby give permission for National Fitness Center to seek appropriate medical care for my child, including consultation or care by a physician and transportation to a medical care facility/hospital.

PARENT'S PRINTED NAME \_\_\_\_\_ DATE \_\_\_\_\_

PARENT'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**PAYMENT WORKSHEET (Fill out one per child.)**

Child's Name: \_\_\_\_\_

This will be his/ her \_\_\_\_\_ year attending summer camps at NFC.

Please indicate which camps you are enrolling the above-named child. For partial week enrollment or 4 Day Camp weeks, please circle the days your child will be attending. You may choose more than one location.

<b>**No Daily Rates Available for Swim Weeks. Starred weeks are 4 Day Camp Weeks.**</b>												
CAMP WEEKS	May 21- May 25	*May 28- June 1	June 4- June 8	June 11- June 15	June 18- June 22	June 25- June 29	*July 2- July 6	July 9- July 13	July 16- July 20	July 23- July 27	July 30- Aug 3	Aug 6- Aug 10

**SIGNATURE**

Full Week: KIM \$125 MBR \$140 NON \$155	See Daily Rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____
Daily Rate: KIM \$25 MBR \$28 NON \$31	T W TH F	M T W TH F	M T W TH F		M T W TH F	M T TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F
		\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____

**OTHER LOCATIONS**

Maryville: KIM \$100 MBR \$110 NON \$125	See Daily Rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
\$ _____		\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____
Morristown Call Camp Director for pricing	See Daily Rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
\$ _____		\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____
Oak Ridge: KIM \$100 MBR \$110 NON \$125	See Daily Rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
\$ _____		\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____
Tazewell: KIM \$100 MBR \$110 NON \$125	See Daily Rate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
\$ _____		\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____
Daily Rate: KIM \$20 MBR \$22 NON \$25	Morris (Club) M T W TH F	Mvl/Morris (Club) T W TH F	(Club) M T W TH F	(Club) M T W TH F	(Club) M T W TH F	(Club) M T W TH F	Morris (Club) M T TH F	(Club) M W TH F	(Club) M T W TH F	(Club) M T W TH F	(Club) M T W TH F	(Club) M T W TH F
\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____

**EXTENDED CARE**

Before & After Care: \$8/Day \$25/Week	M T W TH F	T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F	M T W TH F
\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____

**TOTAL**

Weekly Totals	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	
<b>SUBTOTAL (Camp &amp; Extended Care Fees):</b>													
<b>REGISTRATION FEE</b> (\$40 per child OR \$100 per family w/ 3 or more children):													
<b>\$20 ADMINISTRATION FEE</b> (Assessed when registering or editing a registration 1 week prior to the start of a camp):													
<b>GRAND TOTAL (For this child only):</b>													
<b>AMOUNT PAID TODAY:</b>													
<b>RECEIPT NUMBER:</b>													
<b>BALANCE REMAINING:</b>													
<b>NFC REP:</b>							<b>DATE:</b>						

**PAYMENT WORKSHEET (Fill out one per child.)**

Child's Name: \_\_\_\_\_

This will be his/ her \_\_\_\_\_ year attending summer camps at NFC.

Please indicate which camps you are enrolling the above-named child. For partial week enrollment or 4 Day Camp weeks, please circle the days your child will be attending. You may choose more than one location.

<b>**No Daily Rates Available for Swim Weeks. Starred weeks are 4 Day Camp Weeks.**</b>												
CAMP WEEKS	May 21- May 25	*May 28- June 1	June 4- June 8	June 11- June 15	June 18- June 22	June 25- June 29	*July 2- July 6	July 9- July 13	July 16- July 20	July 23- July 27	July 30- Aug 3	Aug 6- Aug 10

**SIGNATURE**

<b>Full Week:</b> KIM \$125 MBR \$140 NON \$155	See Daily Rate \$ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See Daily Rate \$ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		T W TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____		M T TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____	
<b>Daily Rate:</b> KIM \$25 MBR \$28 NON \$31												

**OTHER LOCATIONS**

<b>Maryville:</b> KIM \$100 MBR \$110 NON \$125	See Daily Rate \$ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See Daily Rate \$ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See Daily Rate \$ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Morristown</b> Call Camp Director for pricing \$ _____		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Oak Ridge:</b> KIM \$100 MBR \$110 NON \$125	See Daily Rate \$ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See Daily Rate \$ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	See Daily Rate \$ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Tazewell:</b> KIM \$100 MBR \$110 NON \$125		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Daily Rate:</b> KIM \$20 MBR \$22 NON \$25	<u>Morris</u> (Club) M T W TH F \$ _____	<u>Mvl/Morris</u> (Club) T W TH F \$ _____	_____ (Club) M T W TH F \$ _____	_____ (Club) M T W TH F \$ _____	_____ (Club) M T W TH F \$ _____	_____ (Club) M T W TH F \$ _____	<u>Morris</u> (Club) M T TH F \$ _____	_____ (Club) M W TH F \$ _____	_____ (Club) M T W TH F \$ _____	_____ (Club) M T W TH F \$ _____	_____ (Club) M T W TH F \$ _____	_____ (Club) M T W TH F \$ _____	

**EXTENDED CARE**

<b>Before &amp; After Care:</b> \$8/Day \$25/Week	M T W TH F \$ _____	T W TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____	M T TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____	M T W TH F \$ _____
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**TOTAL**

<b>Weekly Totals</b>	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	\$ _____	
<b>SUBTOTAL (Camp &amp; Extended Care Fees):</b>													
<b>REGISTRATION FEE</b> (\$40 per child OR \$100 per family w/ 3 or more children):													
<b>\$20 ADMINISTRATION FEE</b> (Assessed when registering or editing a registration 1 week prior to the start of a camp):													
<b>GRAND TOTAL (For this child only):</b>													
<b>AMOUNT PAID TODAY:</b>													
<b>RECEIPT NUMBER:</b>													
<b>BALANCE REMAINING:</b>													
<b>NFC REP:</b>							<b>DATE:</b>						

## COUNTDOWN TO KINDERGARTEN

The long summer days are winding down and it's time to enter classrooms, hallways, cafeterias, and playgrounds! NFCs Kindy Camps are in session to help your family transition during the Knox County Kindergarten staggered day schedule **or** if your school's schedule is slightly different than Knox County Schools'.

The following information is provided to assist you as you plan your back to school transition and ready your little one for the first year of their formal education.

## REGISTRATION AND CAMP POLICIES

Registration for Kindy Camp is largely the same as all other camps. Advance registration and payment is preferred, but families can register and pay as they need services. Please be advised that same day registration is subject to an administration fee.

The registration fee is waived for families who are registered for NFC Summer Camps. A \$40 registration fee will be assessed for all other families. The registration fee is a one-time-only fee for Kindy Camp, is non-refundable, and does not count towards camp tuition. This fee **DOES**, however, reserve your child's space in camp, as well as pays for your child's "camp pack" (i.e. camp T-shirt and bag).

All other camp policies, procedures, and expectations remain the same for Kindy Camp as all other camps. Please refer to the procedures located at the front of this booklet.

## CAMP DAY SCHEDULE/STRUCTURE

Our day is organized for maximized fun and leisure, but also for stimulation, socialization, and rest. This is an exciting time for young learners. They will be starting school, making new friends, starting their journey with old friends, and leaving the comfort and familiarity of their time in preschool or Pre-kindergarten. Our days are divided into times when kids can be autonomous and make their own play choices. There are also times when activities are structured and their brains will be working hard. There will be times to cut loose and to slow down and recover. Below is a general overview of what a Kindy Camp day looks like.

7:30-8:30	Quiet Play
8:30-9:30	Free Choice
9:30-9:45	Snack
9:45-10:15	Morning Meeting
10:15-11:15	Centers
11:15-11:30	Clean up/Transition
11:30-12:30	Lunch/Quiet Time
12:30-1:00	Transition
1:00-2:30	Swimming <b>or</b> Special Activity
2:30-3:00	Transition
3:00-3:30	Rest Time
3:30-3:45	Snack
3:45-4:15	Afternoon Meeting
4:15-5:30	Free Choice

**SIGNATURE KINDERGARTEN CAMP 2018 REGISTRATION FORM**

How did you hear about us? \_\_\_\_\_

**PARENT/GUARDIAN #1** (The parent/guardian who should be reached first in the event of an emergency.)

FULL NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ MOBILE PHONE (\_\_\_\_\_) \_\_\_\_\_

WORK PHONE (\_\_\_\_\_) \_\_\_\_\_ HOME PHONE (\_\_\_\_\_) \_\_\_\_\_

EMAIL \_\_\_\_\_

**PARENT/GUARDIAN #2**

FULL NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_  
(if different from above)

STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ MOBILE PHONE (\_\_\_\_\_) \_\_\_\_\_

WORK PHONE (\_\_\_\_\_) \_\_\_\_\_ HOME PHONE (\_\_\_\_\_) \_\_\_\_\_

EMAIL \_\_\_\_\_

**PARTICIPANT INFORMATION**

PARTICIPANT NAME	M/F	DOB	AGE	ALLERGIES/ MEDICATIONS	MEMBERSHIP <i>Circle the one that applies to each child.</i>	SCHOOL NAME
1.					KIM MEM NON	

**DROP OFF/PICK UP AUTHORIZATION & EMERGENCY CONTACTS**

Please list persons **other than the parents/guardians listed above** who are authorized to drop off/pick up the child(ren) listed above. **ONLY THESE PERSONS** (and the Parents/Guardians listed above) **WILL BE ALLOWED TO DROP OFF/PICK UP THE CHILDREN – NO EXCEPTIONS.** Please mark an **E** by the persons who also serve as emergency contacts for your child(ren).

FULL NAME (First, Last)	RELATIONSHIP TO CHILD	PHONE #
1.		
2.		
3.		

**ENROLLMENT AND PAYMENT**

Please indicate which days you are enrolling the above-named child. (8511 Walbrook Drive location only)

	Aug 13-17	Aug 20-22
<b>Full Week:</b> KIM \$125 MBR \$140 NON \$155	<input type="checkbox"/> \$ _____	<input type="checkbox"/> \$ _____ *Please contact the director for information about enrollment if you require full week care.
<b>Daily Rate:</b> KIM \$25 MBR \$28 NON \$31	M T W TH F \$ _____	M T W TH F \$ _____

**EXTENDED CARE**

<b>Before &amp; After Care:</b> \$8/Day \$25/Week	M T W TH F \$ _____	M T W TH F \$ _____
<b>Weekly Fees:</b>		
<b>Extended Care Fees:</b>		
<b>Total:</b>		
<b>Amount Paid:</b> NFC Rep:		<b>Receipt #:</b> Date:

**NATIONAL FITNESS CENTER KINDERGARTEN CAMP AGREEMENT**

1. I release National Fitness Center, Court South, and its assignees to use the likeness of (e.g. group photos of campers, action shots of campers, etc.) and quotes by campers for various publications, including but not limited to: local newspapers, commercials, nfc1.com, National Fitness Center Facebook pages, newsletters, and brochures.
2. I understand that camp tuition for each camp is due before my child may attend. I agree to pay camp tuition on this schedule, and I understand that NFC reserves the right to cancel enrollment if fees are not paid by the designated deadline.
3. I understand that, in the event that NFC cancels a camp due to low enrollment or other unforeseen circumstances, credit will be issued in one of the following ways: 1) a credit voucher will be offered for use towards other programs offered at our club locations (e.g. swim lessons, KIDS IN MOTION classes, birthday parties, etc.), or 2) non-members will be offered a down payment towards a club membership. In this instance, if an agreement cannot be reached regarding a credit voucher towards other club services, refunds will be issued on camp tuition, but a written request to do so must be received by the Camp Director within 7 days after the start date of the camp that was scheduled.
4. I understand that other requests for refunds will only be issued if a written request to do so is received by the Area Program Director. Refunds generally take 30 days once the written request is received. Refunds will NOT be issued for any reason (other than NFC canceling a camp). Refunds will also be paid out in the same manner in which they are paid (credit cards will be credited back to the card and for cash/check a check will be mailed).
5. I understand that electronics and unauthorized items from home are not allowed at camp. If the aforementioned items are brought to camp, they will be confiscated and returned at the time of pickup. National Fitness Center cannot be held liable for lost or damaged items.
6. I have read and understood the behavior policy. I understand that if my child is asked to leave camp due to behavior issues during the middle of the camp week, there will be no refund issued for the registration fee or the remainder of that week including the before/after care.

**In consideration of being allowed to participate in any of the following programs/activities: Swimming, Martial Arts, Dance, Tumbling, Cheerleading, Basketball court activities, and any other sport or fitness related event, the undersigned:**

7. Agree that the parent(s) or legal guardian(s) will instruct the minor participant that prior to participating, he or she should inspect the facilities, class, and equipment to be used, and if the participant believes anything is unsafe, or too difficult, he or she will immediately advise his or her coach/instructor or supervisor of such conditions and refuse to participate.
8. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions, or negligence, but also the actions, inactions, or negligence of others, the rules of play, training, or the condition of the premises or of any equipment used. Furthermore, that there may be other risks not known to us or not reasonably foreseeable at this time.
9. Assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability, or death.
10. Release, waive, discharge, and covenant not to sue National Fitness Center, their other affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of the premises used to conduct the event, all of which are hereinafter referred to as "releases" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury including death or damage to property, caused or alleged to be cause in whole or in part by the negligence of the release or otherwise.
11. Realizing that a sudden illness or accident may occur, I hereby ask the Camp Director and Club Manager to use their best judgment in such cases in caring for my child(ren). In the event that I cannot be reached in an emergency, I hereby give permission for National Fitness Center to seek appropriate medical care for my child, including consultation or care by a physician and transportation to a medical care facility/hospital.

**PARENT'S PRINTED NAME** \_\_\_\_\_

**DATE** \_\_\_\_\_

**PARENT'S SIGNATURE** \_\_\_\_\_

**DATE** \_\_\_\_\_