

January 2019

FREE

KIDS IN MOTION TRIAL

THURSDAY EVENINGS,

National Fitness Center Morristown 423-317-3337

Club Hours: M-F 5am-12am; Sat 8am-8pm; Sun 12pm-6pm

Childcare Hours: M-Th 8am-12pm, 4pm-9pm;

Fri 8am-12pm, 4pm-8pm; Sat 8am-12pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 10am Creative Move Devin 530 WOW-Morgan 600 FIT KIDS Devin 645 Creative Move-Devin 715 Yoga-Morgan	3 10 am Creative Move-Cass 530 Fit Kids –Solomon 600 Beginner Karate– Ralph 630 Intermediate Karate-Ralph 715 Creative Move– Varies	4	5
6	7 10AM WOW– Cassie 530 Tumble– Devin 600 Strong Kids– Solomon 645 Yoga Morgan 715 Recess – Morgan	8 10am– Fit Kids Cassie 530 Creative Movement– Solomon 600 Beginner Karate-Ralph 630 Intermediate Karate–Ralph 715 Recess Games– Devin	9 10am Creative Move Devin 530 WOW-Morgan 600 FIT KIDS Devin 645 Creative Move-Devin 715 Yoga-Morgan	10 10 am Creative Move-Cass 530 FIT KIDS–Solomon 600 Beginner Karate– Ralph 630 Intermediate Karate-Ralph 715 Creative Move– Varies	11	12
13	14 10AM WOW– Cassie 530 Tumble– Devin 600 Strong Kids– Solomon 645 Yoga Morgan 715 Recess – Morgan	15 10am– Fit Kids Cassie 530 Creative Movement– Solomon 600 Beginner Karate-Ralph 630 Intermediate Karate–Ralph 715 Recess Games– Devin	16 10am Creative Move Devin 530 WOW-Morgan 600 FIT KIDS Devin 645 Creative Move-Devin 715 Yoga-Morgan	17 10 am Creative Move-Cass 530 FIT KIDS–Solomon 600 Beginner Karate– Ralph 630 Intermediate Karate-Ralph 715 Creative Move– Varies	18	19
20	21 10AM WOW– Cassie 530 Tumble– Devin 600 Strong Kids– Solomon 645 Yoga Morgan 715 Recess – Morgan	22 10am– Fit Kids Cassie 530 Creative Movement– Solomon 600 Beginner Karate-Ralph 630 Intermediate Karate–Ralph 715 Recess Games–Devin	23 10am Creative Move Devin 530 WOW-Morgan 600 FIT KIDS Devin 645 Creative Move-Devin 715 Yoga-Morgan	24 10 am Creative Move-Cass 530 FIT KIDS–Solomon 600 Beginner Karate– Ralph 630 Intermediate Karate-Ralph 715 Creative Move– Varies	25	26
27	28 10AM WOW– Cassie 530 Tumble– Devin 600 Strong Kids– Solomon 645 Yoga Morgan 715 Recess – Morgan	29 10am– Fit Kids Cassie 530 Creative Movement– Solomon 600 Beginner Karate-Ralph 630 Intermediate Karate–Ralph 715 Recess Games– Devin	30 10am Creative Move Devin 530 WOW-Morgan 600 FIT KIDS Devin 645 Creative Move-Devin 715 Yoga-Morgan	31 10 am Creative Move-Cass 530 FIT KIDS –Solomon 600 Beginner Karate– Ralph 630 Intermediate Karate-Ralph 715 Creative Move– Varies		